



**FOOTBALL
WEST**

2025 COUNTRY WEEK

Junior & Senior Rules

Article 1 – Competition Format

1. Match cards should be provided by the team listed first for each scheduled match.
2. Fourteen (14) players may be nominated on the match card for U11 and U12. Sixteen (16) players may be nominated on the match card for U13-divisions and higher.
3. A maximum of five (5) interchangeable substitutes may be used in any one match.
4. Any player discrepancies/eligibility issues must be raised with Football West, and player FA ID's will be utilised to cross-check on Play Football.
5. Substitutions, in all divisions except U11 and U12, must not be made without the referee's permission and can only be made when the ball is out of play.
6. U11s and U12s follow the rules of MiniRoos including rolling substitutions.
7. Pitch Dimensions:
 - a. U11's & U12's: 50m wide x 70m long
 - b. U13's - Seniors: 64m – 75m wide x 100m – 110m wide
8. Length of matches (each with 5-minute half time period) and ball size.

a. U11 Mixed	20 minutes each way	Size 4
b. U13 Mixed	25 minutes each way	Size 4.
c. U15 Mixed	30 minutes each way	Size 5
d. U17 Mixed	30 minutes each way	Size 5
e. U12s Girls	20 minutes each way	Size 4
f. U14s Girls	25 minutes each way	Size 5
g. U17s Girls	30 minutes each way	Size 5
h. Senior	30 minutes each way	Size 5
9. All players must participate in at least one (1) match per day except for injury.
10. There will be no additional time allowed for injuries.
11. During the competition, the following penalties will apply:
 - a. Three (3) yellow cards: Automatic one (1) match suspension
 - b. Red Card: Automatic one (1) match suspension
(May be increased by the Disciplinary and Disputes Committee)
 - c. Please see Appendix A for standard penalties for offences.
12. Three points shall be awarded for a win, one point for a draw and no points for a loss.
13. Any disputes regarding results should be made by the association Country Week contact and directly to the Football West HQ tent.
14. In the event of teams finishing with equal points, teams will be separated by the following:
 - a. greatest goal difference (total goals scored minus total goals conceded)
 - b. higher number of goals scored.

- c. lowest number of goals conceded.
 - d. results between the teams concerned.
 - e. better disciplinary record (least number of yellow and red cards)
 - f. Drawing of lots
15. During finals, should match scores be level at the full-time whistle, the outcome of the match will be decided by penalty shoot-out as described in the FIFA Laws of the Game.
16. The Referees will award 3-2-1 votes on each game to be collated for the Division's Best and Fairest award. Please Note: The Referee votes are not aligned to Talent Identification.
17. In the event of a tie, the player with the greatest number of 3 votes is deemed the winner. If that is equal, then the player with the greatest number of 2 votes is deemed the winner. If all the above are equal, the award will be shared.

Article 2 – Team Nominations

1. Age and divisions to remain as:
 - a. Mixed U11s – 2 divisions
 - b. Mixed U13s – 2 divisions
 - c. Mixed U15s – 2 divisions
 - d. Mixed U17s – 1 division
 - e. Girls U12s – 1 division
 - f. Girls U14s – 1 division
 - g. Girls U17s – 1 division
 - h. Seniors – 1 men's & 1 women's
2. Associations may nominate only one (1) team per division.
3. When a region nominates only one team for an age group, consideration will be given to past performances to determine the division the team is placed in.
4. Nominations may only be put forward by a registered Regional Association.
5. Nominations received after Friday 11 July 2025 may not be considered.

Article 3 – Player Registrations

1. Associations must register squads of at least 11 eligible players for U11s and U12s, and 13 for U13s divisions and above.
2. Associations may nominate squads of up to 15 eligible players for U11s and U12s and 18 eligible players for U13-U17 divisions.
3. Associations may nominate a squad of up to 20 eligible players for each senior division.
4. Player registration forms must be submitted by Friday 25 July 2025.
5. Players may be replaced on the registration list as required until close of business Friday 15 August 2025 for medical reasons or under extreme circumstances.
6. Associations must apply to Football West to replace a player and proof of reason will be required. E.g., medical certificate or other documentation.
7. Players may only be replaced by other eligible players.
8. Player registration forms must include the player's Football Australian (FA) registration number.
9. Players selected in Perth Glory NPL, Football West State or NTC Teams are not eligible for Football West Country Week. Associates in these programs may be considered at Football West's discretion. Permission needs to be sought from Football West to register these players. This does not include State Schoolboys or Schoolgirls, WA Country Teams, or Regional Skill Acquisition programs.

Article 4 - Players

1. Players are eligible to play in the age group which they turn during the year, whether before or after Football West Country Week. E.g., a player turning 15 during the year is eligible to play in the U15s age group.
2. Players are automatically eligible to play in an age group 1 year above their age. E.g., a player turning 14 during the year is eligible to play in the U15s age group.
3. Any female player is automatically eligible to play one (1) year below her age if participating in the Mixed competition. Eg a girl turning 14 during the year is eligible to play in the U13s Mixed division.
4. Any team nominating a player wishing to play two (2) years above their age must complete a Formal Assessment Form signed by their Parent/Guardian and approved by their teams Association committee. This form must be lodged with Football West and approved by Football West Country Week Working Group
E.g., a player turning 11 during the calendar year must submit an Assessment Form to be able to play in the U13s age group/division.

5. To be eligible to play in the Senior division, a player must have been born in 2007 or earlier unless otherwise deemed eligible at the discretion of Football West.
6. Only players registered to a regional association can compete in Country Week. Players registered to a Perth Metropolitan Club are ineligible to play in Country Week.

Article 5 - Association registration

1. A player must be registered through Play Football to their association or regional club.
2. A player must be registered to their Association and have played a minimum of 50% of that Association's **OR** the region's Senior Association scheduled club fixtures in the current Football West sanctioned league or competition season to be deemed eligible for Football West Country Week. If a player is selected and plays a competitive match at Country Week, that has not played 50% for their association, this may result in the match being forfeited at the discretion of Football West.
3. If a player is registered for only **one** club but plays in two separate league competitions for **the same club**, then one of those competitions must be the regional association's junior competition. The player must play 50% of the scheduled games in the junior competition.
4. Football West may request Associations to provide evidence of their players' eligibility.
5. A player may gain an exemption from the 50% rule if they have been unable to meet the playing requirements due to long term illness/injury or other exceptional circumstances. An application must be made to Football West including medical documentation (if required) for an exemption.
6. A player may play for an Association other than his/her own under the following circumstances:
 - a. They have met the eligibility criteria as detailed above, whether through playing in 50% of their Home Association's fixtures or through application as specified, and;
 - b. They have not been selected by their Home Association to compete, or, the Association does not have a team in the appropriate age group/gender of that player.
 - c. They have completed the Association Country Week transfer form and it has been approved by all required parties.
7. Players from Rule 6 shall nominate to a central pool of players from which Associations can select players to fill their roster.
8. An application to register a player from another Association must be made to Football West detailing why the player is required and why they are not able to play for their home Association.

Article 6 – Disciplinary

1. Any team of an Association found in breach of the above will forfeit all fixtures in which the ineligible player is **named** on the team sheet. The opposition will be awarded a 3-0 win.

2. Further breaches by a team of any Association will see them withdrawn from Football West Country Week and further sanctions may be applied by Football West.
3. Football West reserves the right to investigate any matter and sanction any Association, Club or Club Official participating in the Football West Country Week in accordance with the Football West Disciplinary and Grievance Regulations.

Article 7 – Grievances

1. For the purposes of this Article a Grievance means a dispute between Association Associates, or between an Association Associates and Football West, that arises directly or indirectly out of or in relation to the participation of an Association Associates in Football West Country Week.
2. During Football West Country Week if a player or parent has any Grievance this shall be reported to their Association Representative at first instance.
3. If the Association Representative is unavailable or inappropriate for them to be the point of contact, the Grievance shall be reported to the team manager or coach.
4. The person who the Grievance is reported to should then attempt to resolve the Grievance or, if this is not possible, report this to Football West. For Clarity Football West will not accept a report of a Grievance through a parent or player if this report has not been received through an Association Representative or Team Manager or Coach except in exceptional circumstances. Football West has sole discretion to determine what is meant by exceptional circumstances and whether to accept a Grievance received in this way.
5. Football West may dismiss any Grievance it determines, in its absolute discretion, to be a vexatious claim.
6. Football West has sole power to determine what actions, if any, should be taken in relation to a reported Grievance.

Article 8 - Injuries and insurance

1. For any player that sustains an injury, the Association will need to obtain a copy of the match sheet, from Football West, for insurance purposes.
2. A copy of the match sheet should be obtained if there is a serious or ongoing injury.
3. The match sheet will not contain details of the injury, rather it is proof that the player was participating in the game at the time of injury.

Annex A – Standard Penalties for Offences

Charges against Players, Clubs and Club Associates		
Offence No	Offence Description	Standard Penalty
1a	Serious foul play	AMS
1b	Serious foul play with high risk of injury	AMS + 2 Matches
2a	Violent conduct	AMS + 1 Match
2b	Serious violent conduct	AMS + 4 Matches
3a	Spits at a Player or other person (excluding match official)	AMS + 5 Matches
3b	Spits on a Player or other person (excluding match official)	AMS + 8 Matches
3c	Spits on the face of a Player or other person (excluding match official)	AMS + 12 Matches
4	Uses discriminatory language and/or gestures including racist, religious, ethnic or sexist language and/or gestures	AMS + 3 Matches
5	Incites a brawl or melee with an offence punishable by a direct Red Card	AMS + 3 Matches
6a	Causes the abandonment of a Match (Player)	AMS + 4 Matches
6b	Causes the abandonment of a Match (Club, Team Associate)	Forfeit
7	Denies the opposing Team an obvious goal scoring opportunity	AMS
8	Uses offensive, insulting or abusive language and/or gestures	AMS
9	Receives 2 Yellow Cards in the same Match	AMS
Offences against a Match Official		
Offence No	Offence Description	Standard Penalty
10	Uses offensive, insulting or abusive language and/or gestures against a Match Official	AMS + 1 Match
11	Objectionable behaviour towards a Match Official	AMS + 2 Matches
12	Uses threatening or intimidating language and/or gestures towards a Match Official	AMS + 3 Matches
13	Recklessly makes contact with a Match Official	AMS + 5 Matches
14a	Spits at a Match Official	12 Months
14b	Spits on a Match Official	18 Months
15	Assault of a Match Official	Minimum 12 Months
Team Misconduct		
Offence No	Offence Description	Standard Penalty
16	Club Associate sent from the technical area	AMS + Additional Penalty on a Case by Case Basis
Other Offences		
17	Refuses to leave or unreasonably delays leaving the field of play after being shown a red card (Player) or sent from the technical area or surrounds of the field of play (Club Associate)	2 Matches

AMS = Automatic Match Suspension (1 Match)

Time based suspensions are served across all levels of Football (including local associations)

Further penalties may be imposed by the Disputes & Disciplinary committee if deemed necessary in extreme circumstances